

How to participate in Holy Week:

Here are a few additional notes that will help you participate in the worship and prayer.

Live Streaming: We're working on finding a way to live stream through our web page but won't likely have that available for Holy Week. To watch live, log in to your Facebook account, find our page (search for SacredHeart Parish PinellasPark), scroll down to find the post where the live stream is displayed, then click on it.

Watching later: You have two options. **On Facebook**, search for our page then click on Videos (in the left column). Click on the service you wish to view. You can also view recorded videos **on our website**. We're working on a technological way to get these posted almost immediately. Until we work out the kinks on that, there will be a delay of a few hours.

Morning Prayer (Thursday, Friday, and Saturday):

We've posted the prayers on our website. Hover your mouse over the "Worship and Sacraments" menu choice at the top of the page, then click on "Best Holy Week Ever."

Or, if you want to pray the Liturgy of the Hour prayers at other times, you can find them at <http://www.ibreviary.org/en/tools/ibreviary-web.html>. To change the day, click on the "More" icon (center, right) and pick the date you want. Click on the "Breviary" to see the list of prayers offered throughout the day.

Your personal devotions

You can certainly continue to do pray your favorite personal devotions. Joining your prayers with others is a powerful thing! Perhaps during this most holy of weeks you'll offer some additional prayer time, especially in intercession for others.

Learn more about the Triduum

There are lots of explanations available online. We found this one, <https://www.getfed.com/the-easter-triduum-what-is-it-6028/>, which provides a basic overview. Keep in mind some of the elements mentioned in the article will be omitted this year due to the special circumstances.

If you're looking for more of the technical, liturgical instructions and explanations the USCCB (United States Conference of Catholic Bishops) has provided this resource:

<http://www.usccb.org/prayer-and-worship/liturgical-year/triduum/index.cfm>